

Club Contacts

Management Committee
The Committee is responsible for organising all activities of the club and meets on the first Tuesday of the month.

Honorary President

Angela Banks
Club Chairman
Paul Cartwright
Vice-Chairman
Terry Cox
Club Secretary
Ruth Watson
Club Treasurer
Sarah Mingaye

U14 Parents Rep

Sara Stuart
U12 Parents Rep
Nicky Evans
U10 Parents Rep
TBC

Club Development Officer

Steve Phythian
Fundraising Officer
Alan Burr
Club Welfare Officer
Steve French
Committee Member
Mark Lea

Coaches

All of our coaching staff and committee members are volunteers. If you are unable to make training or a match – please ensure you text or call the relevant manager as soon as possible.

Seniors

Steve Phythian
07982 237298
U14 Manager
Paul Cartwright
07857 306035
U12 Manager
Mandi Harris
07864 971770
U10 Manager
Sarah Mingaye
07751 070480

Coaches

Paul Cartwright, Joe Letang, Martin Perkins, Steve Phythian, Nicki Rice

If you have any membership enquiries or know someone who would like to join call

Ruth Watson
01273 589366

Diary Dates

Besides a busy schedule of training and matches, there are lots of other events for you to enjoy. Keep up-to-date by visiting our website at www.dynamo-gfc.co.uk

Saturday 18th October
Coerver Coaching Session
Telscombe Cliffs (all ages)

Sunday 2nd November
Junior Kickers Festival
Burgess Hill (U10)

Tuesday 4th November
Committee Meeting
Club House

December (Date tbc)
Christmas Bowling Party
Marina, Brighton

Saturday 20th December
Fun Training Session
Telscombe Cliffs (all ages)

Saturday 4th January
Training restarts
Telscombe Cliffs (all ages)

Sunday 24th May (tbc)
3rd Dynamo Tournament
Telscombe Cliffs



A New Era

It has been a very busy summer for Dynamo Girls FC. The biggest change has been the arrival of our very own club house. This has been a project close to our Chairman's heart for several years and on the 7th August the club house turned up a day early.

It has been funded by a grant from Viridor Credits, an organisation that supports projects like ours from the tax on land fill sites, and funds raised by the club. The cost of the club house was over £16,000 and includes a canteen/meeting room, two toilets and a storage area for the training equipment.

It has running water, is fully heated and made from heavy duty steel so will last the club for many years. On match days visitors to the ground will be able to buy hot and cold drinks and the players can use it for storing their bags. In future all the club's committee and coaches meetings will also be held at the Club House.

A massive thank you is owed to everyone who has helped over the last year or so for the club reach this superb achievement. Special thanks to Paul for many weekends mixing concrete, Mark Lea for clearing the site and building the bench seats, Martin Perkins and Terry Cox.

This is **your** club house, please use it and please look after it!

Funny Caption Competition

What were Terry and Paul up to when the club house arrived?!! If you can think of a funny caption to go with this picture you could win yourself a football! Email your caption with your name and age group to info@dynamo-gfc.co.uk or if you don't have a computer, write it on a piece of paper and hand it to Paul at training. The best caption will be published in our November edition!





Superb Start for U12's

Despite having some of the smallest players in the U12 league, our girls have had a superb start to their league season.

Mandi Harris, the new team manager, couldn't ask for a better start than a 10-0 victory away to Sovereign Saints in Eastbourne. With hat-tricks for both Katie and Chloe Evans, and goals for Amy, Ocean and Ellie – it was a real team performance.

The next match was a tighter affair at home to Pevensey and Westham Juniors. Always a tough team, the girls fought hard but were unlucky to end up losing 3-5.

Katie – a record-breaking start to the season.



It was then two away games in the space of 5 days as the league undertook a bizarre experiment of having a mid-week game for the first time in the league's history. No problem for the Dynamic Dynamos as a small Rottingdean pitch proved a goal-fest for the spectators. The first match was a 7-5 win and the second 13-10 with Katie scoring an unbelievable 8 goals – a club record.

At the time of writing the U12's are second in the league with a goal difference of 13 – the best in the league, and with two games in hand on the top team Eastbourne. With two new players joining – Tegan and Mia – this squad looks like they have a very good season ahead of them.

U14's look for progress

Dynamos oldest age group had a really tough start to the new season with three games in one week – made even tougher with it being the first week back at school **and** all the games being away!

A difficult first match against Oakwood saw the girls concede 7 goals in the first half. The second half was a vast improvement with Charly starting her goal tally and Abbie keeping a clean sheet. The mid-week match against local rivals Seahaven Harriers was marginally better though with no goal nets and the last few moments being played in poor light, it was expecting a lot to get much of a result.

Against Eastbourne in the Challenge Cup the girl's improvement continued, but it was still a lack of scoring any goals that prevented us going through to the next round.

Against Pevensey & Westham (our first time playing them in this age group) a vast improvement took place and the girls ran out 5-2 winners with Charly scoring a hat-trick and goals for Jade and Harriet.

Their first match in October against Lewes took place in superb sunshine and was proof that the players were getting their act together. A convincing 11-1 victory with hat-tricks for Olivia and Charly, plus first goals of the season for Elle and Emma, lifted the team to joint 3rd in the league.

This team has plenty to offer and hopefully the last two games will give them some self belief that they really can put together a challenge on the league title.

From The Sideline

It has been the most difficult and busiest of summers since the club was formed over 5 years ago. At the end of last season we looked at the registered players and felt that not only could we move all the existing teams up an age group, but also start a new U11 team and senior team.

Sadly during the summer months we lost several of our older players and our summer recruitment drive only recruited a handful of players so rather than gaining teams, we have in actual fact lost our oldest age group and have put on hold our plans for other new teams for another season.

On the positive side we have welcomed a number of new players at all age groups and will be entering a five-a-side ladies team into the Pitch Invasion competitions held at Stanley Deason. We also welcome a new face to the coaching team as Mandi has taken on the task of managing this seasons U12s.

I would like to thank all of you for your support, and ask you all to continue to promote Dynamo G&LFC at every opportunity. I believe this is going to be yet another very special year for the club – make sure you are part of it.

Keep enjoying your football!

The Gooner



Volunteer Sarah rewarded

Sarah Mingaye who has been a crucial member of the club's volunteers since the club was founded, has been recognised by the Sussex County FA for her hard work.

The FA Football Workforce Volunteer Award was presented to Sarah by Kelly Simmons MBE at a ceremony earlier this month. Sarah has managed a team for the past three seasons, is the club's Treasurer and helps the Club Secretary.



Congratulations Sarah from all at the club!

Coerver Coaching Session

Coerver Coaching is coming to Dynamo Girls and Ladies FC on Saturday 18th October.

Exciting Dutch based technical coaching methods will provide a new experience for many of the Dynamo players. Coerver Coach Matt Anderson will provide an introduction to Coerver Coaching for Dynamo players and parents in a split session. More information can be found by visiting our website at www.dynamo-gfc.co.uk

New team tracksuit

Each season the players receive an item of training wear as part of their membership benefits. This year all of the players will receive a new tracksuit, hopefully by the end of this month. The tracksuit is a smart black top and trousers, with thin white piping on the jacket and featuring the club badge on the front and "Dynamo GFC" on the reverse. An order form for the tracksuit is enclosed with this newsletter.

Parents Code of Conduct

Parents and spectators have a great influence on children's enjoyment and success in football. All children play football because first and foremost they love the game – it's fun. It is important to remember that no matter what the ability of the children involved, positive encouragement will lead to:

Children enjoying the sport

A sense of their personal achievement

Self-esteem

Improvement of skills and technique

A parent's or spectator's expectation and attitude will also have a significant bearing on a child's attitude towards other players, match officials, coaches, managers and spectators. At Dynamo GFC we have therefore created a Code of Conduct that we respectfully ask all parents and supporters to abide by.

Your Obligation as a Parent or Spectator

- Be positive and encouraging towards all of the children not just your own
- Applaud the opposition as well as your own team
- Avoid coaching the child during the game
- Please do not shout or scream at the players
- Respect the referee's decision
- Give attention to each of the children involved not just to the most talented
- Give encouragement to everyone to participate in football
- We request that smoking is as discreet as possible when attending training or matches
- To always inform the coach if your child is unable to attend training (for the child's own safety)
- To always inform the team manager if your child is unable to attend a match

Players Code of Conduct

Players are the most important people in our sport. Playing for a team and for that team to win is the most fundamental part of the game, but not winning at all costs. Fair Play and respect for others in the game is very important and this Code of Conduct is designed to help you understand your responsibilities.

Obligations towards the game

A Player should:

- Make every effort to develop their own sporting abilities in terms of skill, technique, tactics and stamina.
- Give maximum effort and strive for the best possible performance during a game.
- Set a positive example for others including younger players and supporters.
- Avoid all forms of gamesmanship and time-wasting.
- Always have regard to the best interests of the game.
- Never use inappropriate language no matter what the situation.

Obligation towards own team

A Player should:

- Make every effort to attend training sessions and matches.
- Make every effort with Fair Play and the Laws of the Game to help her own team win.
- Resist any influence that might, or might seem to, bring into question her commitment to the team winning.

In addition a player should show respect for the following:

- Laws of the Game and Competition Rules
- Opponents
- Match Officials
- Coaches, Team Officials and Supporters

The full version of the Players Code of Conduct is available on the Club website.

U10

Manager: Sarah Mingaye

Tel: 07751 070480

Coach: Nici Rice / Steve Phythian

Training: Saturday 9.30-11am

School years: 2, 3, 4 & 5

Dynamo GFC was one of the first clubs in girls football to start a junior girls section. Due to the increase in enquires from younger girls, this season we start accepting players from the age of 6.

The objective for this age group is to introduce young players to the basics of football through fun drills and games.

The older players in the group will also have the opportunity to put their training into practice when they take part in the Junior Kickers Festivals, held monthly at The Olympos in Burgess Hill. We have achieved a lot of success at these events over the last couple of years with a number of our players being selected as the "Player of the Tournament".

If you know any girls interested in playing for this age group, please bring them along to training and contact the manager Sarah.

Sarah has a wealth of experience managing at Dynamo GFC. She has taken one of younger teams for the last three seasons and combines her role with that of the club's treasurer!

Junior Kickers Festival

Fixtures 2008/09

Sunday 2nd November 2008

Sunday 4th January 2009

Sunday 1st February 2009

Sunday 29th March 2009

Saturday 4th April 2009

If you are not able to attend training for any reason, please call or text Sarah.

Seniors

Manager: Steve Phythian

Tel: 07982 237298

Training: Thursday Evenings (tbc)

Age: 16+

It has been a long term objective for the club to form a ladies section and at the 2008 Annual General Meeting, the name of the club was formally changed to Dynamo Girls and Ladies Football Club in preparation for this event.

It is our view that it is an essential component for the girls to aim for senior football as a long term objective and we are delighted that during the summer our Club President, Angela Banks, committed herself to playing an instrumental part in the team. Angela is an ex-England and Arsenal player and brings a wealth of experience to the club.

This age group is managed and coached by Steve Phythian who holds a UEFA 'A' Coaching Licence. Steve has huge experience of football having spent time in club management at all levels including a spell as the Director of Brighton's Centre of Excellence.

The first step of bringing senior football to Dynamo's will be to enter a 5-a-side team in the Pitch Invasion leagues which play Monday nights at Stanley Deason.

If you know anyone who is keen to play for us, please contact Steve. Full details of the league will be posted on the club's website at www.dynamo-gfc.co.uk.

U12

Manager: Mandi Harris
Tel: 07864 971770
Coach: Joe Letang
Training: Saturday 9.30-11am
School years: 6 & 7

The majority of this seasons U12 team played together last season as the U11 team where they reached the semi final of the Challenge Cup and 4th place in the league.

Mandi Harris is the new girl on the block as she takes charge of a Dynamo team for the first time. On match days she is ably assisted by Martin Perkins whilst Joe Letang is the team coach.

We are keen to recruit players to this age group as next season they will be playing 11-a-side football.



Chloe Evans won the Angela Banks award for the 2007/08 season.

Fixtures 2008/09

07 SEP 2008	Sovereign Saints Girls	Dynamo Girls	0-10
14 SEP 2008	Dynamo Girls	Pevensy & Westham Girls	3-5
17 SEP 2008	Rottingdean Village Girls	Dynamo Girls	5-7
21 SEP 2008	Rottingdean Village Girls	Dynamo Girls	10-13
12 OCT 2008	Pevensy & Westham Girls	Dynamo Girls	2-1
19 OCT 2008	Dynamo Girls	Crawley Wasps Girls	
26 OCT 2008	Crawley Wasps Girls	Dynamo Girls	
02 NOV 2008	Dynamo Girls	Sovereign Saints Girls	
09 NOV 2008	Pevensy & Westham Girls	Dynamo Girls	
16 NOV 2008	Dynamo Girls	Rottingdean Village Girls	
30 NOV 2008	Dynamo Girls	Crawley Wasps	
07 DEC 2008	Dynamo Girls	Eastbourne Girls	
14 DEC 2008	Sovereign Saints Girls	Dynamo Girls	
04 JAN 2009	Dynamo Girls	Pevensy & Westham Girls	
25 JAN 2009	Dynamo Girls	Newhaven Girls	
01 FEB 2009	Eastbourne Girls	Dynamo Girls	
08 FEB 2009	Eastbourne Girls	Dynamo Girls	
15 FEB 2009	Newhaven Girls	Dynamo Girls	
22 FEB 2009	Dynamo Girls	Newhaven Girls	

Matches are 30 minutes each way. If you are unable to make training or matches, please ensure you text or call Mandi.

U14

Manager: Paul Cartwright
Tel: 07857 306035
Coach: Martin Perkins
Training: Saturday 9.30-11am
School years: 8 & 9

It's been a roller coaster couple of seasons for this bunch of players. In 2006/07 they were runners-up in the league and won the Furngate tournament but in 2007/08 they found themselves at the opposite end of the league table!

The team is managed by Paul Cartwright assisted by Joe Letang on match days. Martin Perkins is the team coach and we are extremely confident that this team will achieve their potential this season.



Zoe Whittaker has been a regular in the team for several years and is set for her best season.

Fixtures 2008/09

14 SEP 2008	Oakwood Youth Girls	Dynamo Girls	8-3
17 SEP 2008	Seahaven Harriers Girls	Dynamo Girls	7-1
21 SEP 2008	Eastbourne Girls	Dynamo Girls	5-1
28 SEP 2008	Pevensy & Westham Girls	Dynamo Girls	2-5
12 OCT 2008	Dynamo Girls	Lewes Girls	11-1
19 OCT 2008	Dynamo Girls	Seahaven Harriers Girls	
26 OCT 2008	Dynamo Girls	Marle Place Wanderers Girls	
02 NOV 2008	Lewes Girls	Dynamo Girls	
09 NOV 2008	Dynamo Girls	Eastbourne Girls	
16 NOV 2008	Eastbourne Girls	Dynamo Girls	
23 NOV 2008	Dynamo Girls	Oakwood Youth Girls	
07 DEC 2008	Dynamo Girls	Pevensy & Westham Girls	
14 DEC 2008	Glenco Girls	Dynamo Girls	
04 JAN 2009	Dynamo Girls	Lewes Girls	
11 JAN 2009	Dynamo Girls	Glenco Girls	
18 JAN 2009	Marle Place Wanderers Girls	Dynamo Girls	
25 JAN 2009	Oakwood Youth Girls	Dynamo Girls	
01 FEB 2009	Dynamo Girls	Marle Place Wanderers Girls	
08 FEB 2009	Pevensy & Westham Girls	Dynamo Girls	
15 FEB 2009	Dynamo Girls	Eastbourne Girls	
22 FEB 2009	Seahaven Harriers Girls	Dynamo Girls	
01 MAR 2009	Dynamo Girls	Glenco Girls	

Matches are 35 minutes each way. Can't make training? Call or text Paul ASAP!