



Girls only football courses



In conjunction with



BRIGHTON & HOVE ALBION FC GIRLS' ONLY FOOTBALL COURSES

A new strand of football coaching courses is being offered by Brighton & Hove Albion Football Club (BHAFC). These courses will be administered and delivered by the Club's Girls' Centre of Excellence in conjunction with Sussex County Football Association with the aim being to increase playing opportunities for young female players, and to provide these players with the opportunity to work with our team of experienced coaches.

BHAFC is one of only 50 Football Association (FA) Licensed Centres in the Country and the only FA accredited Programme in Sussex. Our staff oversee female specific sessions on a weekly basis and as a result of working within the Centre of Excellence environment benefit from information disseminated directly from the England National Youth Teams particularly around long-term player development (LTPD).

Affordable fun based football courses for girls of all ability levels

MINI KICKERS COURSES

Supporting the development of fundamental movement skills through football Courses run from 10:00am-12:00pm for girls aged 6-8 years at a cost of just £6.

Book before 30th March and pay just £4.50

JUNIOR COURSES

Fun based activity including skills training and small-sided games Courses run from 10:00am-2:00pm for girls aged 9-12 years at a cost of just £12.

Book before 30th March and pay just £9.00

GIRLS' CLUB COURSES

Hosted by a local club with the aim being to support them in the recruitment of new players Courses run from 10:00am-2:00pm for girls aged 8-12 years at a cost of just £12.

Easter Club Courses run in partnership with Adur Athletic, Dynamo Girls, Eastbourne Girls, Hawks Youth, Southdown Rovers and Worthing Town.

Book before 30th March and pay just £9.00

Parents are asked to ensure their daughter;

- Wears appropriate clothing. This includes appropriate footwear, warm/waterproof clothing, shin pads, goalkeeping gloves (where applicable).
- Brings a non-fizzy drink to last the duration of the course
- Has with them any medication they may require

All Coaching staff hold a FA Coaching Certificate, are Emergency First Aid trained, and hold the FA Safeguarding Children Certificate and Enhance FA Criminal Records Bureau check. At least one female member of staff will be in attendance at every course.

If you require any further information, please telephone 01273 271323 or email bhawfc@hotmail.co.uk

All participants will receive an attendance certificate, and there will be various prizes to be won on the day



COURSE DETAILS EASTER 2011

MINI KICKER COURSES for girls aged 6-8 years

Date	Venue	Time	Cost	Course Code
WEDNESDAY 20 April 2011	LITTLEHAMPTON * Littlehampton Academy, BN17 6DQ	10am-12pm	£6.00	EMK - 20/04/11

JUNIOR COURSES for girls aged 9-12 years

Date	Venue	Time	Cost	Course Code
WEDNESDAY 20 April 2011	LITTLEHAMPTON * Littlehampton Academy, BN17 6DQ	10am-2pm	£12.00	LJC - 20/04/11

* The course takes place on astro turf so participants are required to wear astro turf boots or trainers.

CLUB COURSES for girls aged 8-12 years

Date	Venue	Time	Cost	Course Code
TUESDAY 12 April 2011	BURGESS HILL West End Meadows, The Brooks, RH15 8TR	10am-2pm	£12.00	BHCC - 12/04/11

In partnership with SOUTHDOWN ROVERS

WEDNESDAY 13 April 2011	SHOREHAM Buckingham Park, Upper Shoreham Road BN43	10am-2pm	£12.00	AACC - 13/04/11
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In partnership with ADUR ATHLETIC

THURSDAY 14 April 2011	BRIGHTON East Brighton Park, BN2 5TS	10am-2pm	£12.00	BCC - 14/04/11
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In partnership with HAWKS YOUTH

FRIDAY 15 April 2011	EASTBOURNE Sevenoaks Playing Fields, BN24 5PW	10am-2pm	£12.00	ECC - 15/04/11
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In partnership with EASTBOURNE GIRLS

MONDAY 18 April 2011	PEACEHAVEN Telscombe Cliffs Playing Fields, BN10 7DR	10am-2pm	£12.00	PCC - 18/04/11
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In partnership with DYNAMO GIRLS

TUESDAY 19 April 2011	WORTHING Chatsmore Catholic High School, BN12 5AF	10am-2pm	£12.00	WCC - 19/04/11
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In partnership with WORTHING TOWN

Note to parents;

- Staff will be on site to register children from 9:50am
- Please ensure your daughter wears appropriate clothing including a waterproof jacket
- Participants need a non-fizzy drink to last the duration of the course
- Those attending the Junior Courses and/or Club Courses are required to bring a packed lunch
- Parents of children attending the Mini Kickers Courses are asked to be on site to collect their daughter by 11:55am
- Parents of those attending the Junior Courses and/or Club Courses are asked to be on site by 1:55pm

NB: All courses (excluding Littlehampton) take place on grass. Participants should bring a range of footwear including trainers, moulded and studded football boots.

☎ 01273 271323

✉ bhawfc@hotmail.co.uk

Book before 30th March and save **25%**